



# *Universal Sub-laws*

*The Knowledge of man is as the waters, some descending from above, and some springing from beneath; the one informed by the Light of nature, the other inspired by Divine revelation.*

**-Francis Bacon**

Human characteristics, or traits related to the Universal Laws, are referred to as the sub-laws or the ways in which to put the Universal Laws into action in our lives. These sub-laws will help you grow spiritually and improve the human condition.

Talking is easy. Being living proof of the Laws is much more difficult. In order to help you, carefully read the definition and purpose of each sub-law and make a list of those which seem most pertinent to you. Then develop your plan that will help you create the life you desire.

Meditation is a valuable tool that can help you grow. There are a lot of misconceptions about what meditation is. In its most basic form, meditation simply allows the mind to slow down and the body to become calm. It is relaxing, but it also provides another incredibly important tool that other relaxation techniques do not. Meditation allows you to access heightened states of awareness. You are much more than the sum of your thoughts.

## **ASPIRATION TO A HIGHER POTENTIAL**

**Definition:** The higher force that instills within us the strong desire to achieve greater things.

**Purpose:** The soul's ambition to evolve and journey back to the Source.

**Aligning with your Essence:**

- Trust in the process of Divine Order of the Universe
- Follow your inspirations

- See a part of yourself in everyone else, and emulate all that is good in others
- Never stay around negative people for more than five minutes
- Allow yourself to take risks

**Affirmations:**

*I am getting better and better every day.*

*The Light within me is expanding and producing miracles in my life.*

I learned a long time ago that the Universe is my friend; actually, it's one of my best friends. The Universe does not judge or question me – it simply responds to what I think, feel, do, or say. During every moment of my life, the Universe shows me where I'm at. The Universe does not recognize good from bad, it simply emanates love and everything that is created in my life is created from that, even though I might not perceive it that way. It is up to me to align myself with this unconditional love, to receive it the way I want it. I am the only one standing in my way to happiness.

I simply forgot that love and happiness is my birthright. Once I became aware of this, I started the journey back to the Source, the love and happiness that was mine to begin with.

I also decided a long time ago, to follow my desires and dreams, and to work at making them reality. Immersed in the work that I love and am compassionate about, I decided to make a stronger commitment to myself and to make myself my first priority. If I'm not happy and filled with the love I so strongly desire, I cannot help or give to others, simply because I don't have it myself.

Every time I meet someone on my path, I greet them with love. I'm not saying I only meet wonderful people. What I'm saying is that to keep my heart open and greet people with love, I look for the light within everyone. I also do not stay around negative people for too long. They tend to drain others and I found that no matter how much positive I help them to find in their lives, they fall right back to their patterns of focusing on negativity. Unless they become aware of these patterns and want to change them, I cannot do anything about it. I cannot help them. I simply accept them just as they are.

Acceptance is easy once you learn to accept yourself, simply because you have come to the realization that we are perfect just the way we are. I also learned to take risks in my life. I follow my inner guidance – sometimes I do not understand some of the things I am compelled to do as I cannot see the full picture, but, I have trust, hope and faith on my side in the Source, or Universe or God, whatever you want to call it. Therefore, I know I will be okay and things will turn out much better than I could have ever imagined.

I take action. I make sure I am aware of all the Universal Laws and practice the sub-laws. Some are easier than others, yet I am mindful of everything I do, think, feel or speak of. It's a choice I've made. I know this journey is for the rest of my life as a human being, it doesn't end and I'm okay with it.

**Examples of behaviors, attitudes and feelings people might experience when in misalignment with the universal Sub-law of Aspiration:**

Sabotaging your accomplishments. Experiencing a lack of openness, failing to keep promises, lack of interest in life, criticizing others. Attitudes such as inability to set goals and objectives, fear of success and failure, fear of risks. The feelings of vanity, diminishing energy, hopelessness, despair, death, and playing it safe. If any of these sound familiar, this is a sub-law you need to consciously practice.

**As you consider the Sub-law of Aspiration to a higher potential ...**

What feelings are you experiencing that are in alignment with this sub-law?

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What feelings are you experiencing that are not in alignment with this sub-law?

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What thoughts are you aware of that are aligned with this sub-law?

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What thoughts are you aware of that are not aligned with this sub-law?

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What actions are you engaging in that are aligned with this sub-law?

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What actions are you engaging in that are not aligned with this sub-law?

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Record your evidence of practicing Aspiration to a Higher Potential in your life.

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